



Information for neurodivergent people and their families ebooklet

Bringing together the different information and support offers across Coventry and Warwickshire.



Introduction	Support	Information
What is neurodiversity? Sharing links to some of the current understanding.	Local authority, education, work and health services. Community and peer support.	Frequently asked questions and useful information to help answer those questions.

<https://happyhealthylives.uk/neurodivergent-ebooklet>



Community Autism Support Service

Autism support for children, young people and adults across Coventry and Warwickshire.



Navigation	Community Outreach	Peer Mentoring	Training
Timely provision of information, advice and signposting. ☎ 024 7601 2333	Accessible group and one-to-one support.	Offering role modelling and guidance in the community.	Giving you confidence and understanding. For family members and professionals.

The webpage includes education and family resources, training toolboxes and pre-recorded webinars casspartnership.org.uk



Dimensions of Health and Wellbeing

A free, accessible online tool providing self-care information to support adults, children and young people in Coventry and Warwickshire.



Personal Profile	Signposting	Resources
Highlights a person's areas of strength and areas where they may benefit from support.	Trusted information about local services, national support and resources for the public and professionals.	Podcasts, videos, apps, and books that have been recommend and are clinically verified.

dimensions.covwarkpt.nhs.uk



Coventry and Warwickshire Integrated Care System Neurodiversity and Autism Webpages

A collaborative webpage created for those with an interest in the Coventry and Warwickshire strategy for autistic people.



Strategy	Resources	News and Events
A webpage to outline the Coventry and Warwickshire all-age autism strategy 2021-2026.	Promote resources and available support – locally, regionally, and nationally.	Links to news and events in Coventry and Warwickshire to support autistic people.

www.happyhealthylives.uk/neurodiversity-autism