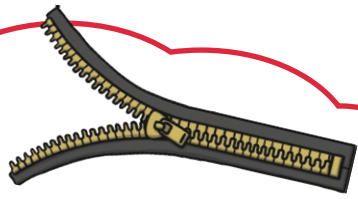


Nursery Life Skills Home Activity Ideas

Practise these skills at home with your child to help them develop their independence and motor skills.



Zipping and unzipping a coat.

Peeling fruit like bananas and satsumas.



Putting on shoes on the correct feet.



Getting dressed.



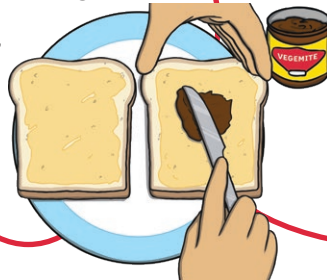
Washing and drying hands.



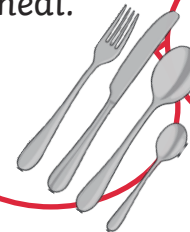
Pouring water or milk from a jug into a cup.



Using a knife to spread things like butter or jam.



Using cutlery to eat a meal.



Doing up and undoing buttons.

