

Parents Guidance for Caterlink's Allergens & Intolerances Process

- ✓ School to send out the Caterlink Allergy and intolerance form to parents
- ✓ Parents to complete form and send this back to the school with medical evidence
(Medical evidence is not required if it is a life style choice for example Halal or Vegan)
- ✓ Once received back. If a special menu is required then the information will be sent to our Nutritionist team who will complete a special menu.
- ✓ The menu will be sent back to the school to send to the parent to agree once agreed the kitchen team will be informed and the menu will be put in place
- ✓ Where a pupil's requirements may be complex for example multiple allergies which do not fall under the 14 listed allergens it may be necessary to supply a limited ingredient menu for example a jacket potato with a suitable topping
- ✓ To identify your child through the counter we suggest the school provide for example a Lanyard.



Ambiguous detail that will require clarification

“can eat cheese and pizza but no milk”

This is unclear. It must say no milk. We cannot be having to decide what is okay and what is not.

“Can’t eat tomato but can eat Pizza”

It must say “No tomato”.

“No Dairy”

Caterlink should hold no statements with “dairy” in it. Some people confuse eggs with dairy. It must say no milk or no egg.

“No Gluten”

It must say “no gluten ingredients but okay with airborne Gluten”. Whilst we can provide food choices that do not have gluten ingredients in them we are not operating in gluten free environments. Gluten is airborne. If a child is severely allergic or intolerant to very tiny amounts of Gluten, including airborne gluten then we cannot guarantee alternative food options.

