

Spirituality at Leigh



Spiritual Capacities - include children's ability to:

- be guided by their beliefs and values and be willing to take a stand to defend them be self-aware and empathise with the experience of others in the school and wider community.
- love themselves, care for themselves, believe in their potential to achieve, and find inner strength and resilience when facing challenges.
- exercise imagination and creativity, appreciate beauty in the world and be alive to experiences of awe and wonder.
- be intrigued by mystery and be open to an awareness of the transcendent in the whole of life
- be comfortable with stillness and silence and open to engage in reflection/meditation/prayer ·
- be ready to say sorry when mistakes are made, to forgive themselves and to forgive others
- be willing to take risks and to reflect, learn and grow following experiences of failure as well as success
- demonstrate curiosity and open mindedness when exploring life's big questions
- appreciate and be thankful for what is good in life like friends and family, and show generosity towards others.

At Leigh, we will use the analogy of 'The Golden Glue' to understand Spirituality – fits well with our existing ethos of accepting ourselves for who we are, while aiming ever higher and embracing our context.

Life is full of wows, ows and nows and they make us who we are. We will get 'broken' but can be repaired and accpet the broken bits as part of what makes us, us.

Everyone one will respond differently to WOW, OW and NOW moments, therefore making each crack unique to us as individuals.

This is how we develop our very own sense of self, soul, personality and character.

Our Own Unique Spiritual Journey.

I CAN DO ALL
THIS THROUGH
HIM
WHO GIVES ME
STRENGTH

PHILIPPIANS 4:13

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What does kintsugi mean spiritually?



Kintsugi, an art form that repairs broken objects with gold or precious metals, aligns with the spiritual interpretations of broken glass. It embodies the idea that embracing imperfections and scars can result in something more beautiful and valuable.

WOWs, OWs and NOWs

We help each other to recognise these moments in life and to reflect on events that make us who we are.



Wow moments

These are the awe and wonder moments. The times when you want to breathe in and capture the feeling, holding onto it as long as you can.



Ow moments

These are the blows life can bring. They can knock the breath out of you.



now moments

These are the everyday ordinary times: being able to be present in the moment, being open and receptive to life, because God is not just for emergencies!

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