



PHYSICAL EDUCATION



"Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity."
John F. Kennedy

(R)

Athletics



Striking and hitting

Gymnastics

Themed PE

Invasion Games

Throwing, catching and rolling

Outdoor Learning

1



Outdoor Learning

Dodgeball

Outdoor Learning

Invasion Games

Gymnastics

Tennis

Athletics

2



Athletics

Tennis

Gymnastics

Invasion Games

Football

Outdoor Learning

3



Handball

Outdoor Learning

Tag Rugby

Badminton

Dance

Tennis

Athletics

Badminton

4



Athletics

Tennis

Dance

Badminton

Tag Rugby

Handball

Swimming

5



Basketball

Tag Rugby

Hockey

Gymnastics

Outdoor Learning

Rounders

Athletics

6



Athletics

Rounders

Gymnastics

Hockey

Outdoor Learning

Tag Rugby

Basketball